

Mousehold Infant and Nursery School
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Mousehold Infant and Nursery School Newsletter



Newsletter 3

Friday 27th

September 2024

To all our families,

It has been great getting to know more of you when I've been on the playground before and after school. I am always happy to talk to you if you have any questions and I'll try and answer them for you. I have noticed how settled the children are when coming into school. The children who found this difficult at the start of term have really grown in confidence and have done a brilliant job in separating from parents and carers.

Message from our Mental Health Champions:

Autumn reflections...

As the leaves begin to fall and the weather changes, it can be a time for us all to reflect. Our wellbeing is so important, is there anything we need to change to support our own wellbeing?

A few things to ponder...

- Do you take short periods every day to do the things you love to do? Make a list of things that you love to do and work through them – it doesn't have to be expensive – take a bubble bath, ring a friend, watch a favourite programme, make a cup of tea and sit down, read a chapter of your favourite book. When you do something for yourself it can help you feel less resentful about the things you need to do each day.
- Take time to exercise every day – exercise doesn't have to cost, consider taking a 5-minute brisk walk daily, try it for a week and see if you feel any different. Walking releases happy feelings called endorphins.
- Consider letting other people help you do things. Many of us want things done our way or not at all. It can mean we are constantly in a state of feeling overwhelmed.
- Do you get enough sleep every night? It may be difficult due to young children's sleep routines. Try getting an early night, it may sound very obvious, but it helps make us feel more energised, helps our immune system and helps positive mood. If you have a young baby, try to take a nap when you can or some time for yourself when you can.
- Make sure you are staying hydrated and eating the right foods. We can all be tempted to eat on the run or eat sugary snacks to keep ourselves going. Try to eat food from all of the food groups, it will help maintain a positive mood and prevent a crash in energy.

Mr. Tolson and the Mousehold Team

This Week's Attendance	Safeguarding
<p>We hold a celebration assembly every Friday afternoon to share and celebrate the children's achievements. During this assembly, we also recognise the class with the highest overall attendance for the week. In Key Stage 1, the class with the highest attendance receives 'Top Dog' to keep in their classroom for the week, while the top class in Reception is awarded 'Top Cat.' Well done to Goldfinch this week, for having the highest attendance.</p> <p>Goldfinch: 97.74%</p> <p>Greenfinch: 89.47%</p> <p>Chaffinch: 96.97%</p> <p>Swift: 95.83%</p> <p>Sparrow: 96.47%</p> <p>Robin: 97.22%</p> <p>Barn Owl: 95.4%</p> <p>Raven: 93.97%</p> <p>Whole School: 95.43%</p> <p>Target: 96%</p>	<p>Designated Safeguarding Leads</p> <p>Mr Tolson, Mr Smith, Miss Balachandre, Mrs Greenwood, and Miss Wood.</p> <p>These members of staff monitor and manage all safeguarding practices and ensure staff are supported and have the training they need. Please ask to see one of these adults if you are worried about the safety of a child at school.</p> <p>If you have a safeguarding concern about a child out of school hours, then the number to ring is:</p> <p>CADS – Children's Advice and Duty Service – 0344 800 8020</p> <p>Please see our website for all our policies and more information about safeguarding https://www.mouseholdinfants.com/safeguarding</p>

CURRICULUM UPDATES

Nursery

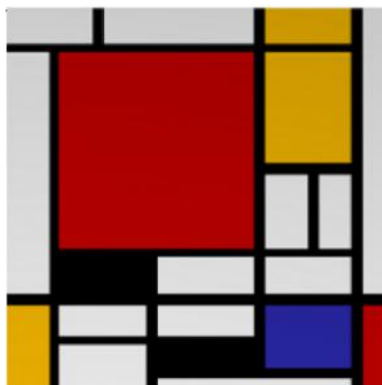
Nursery have been reading the story 'Leaf Man' by Lois Ehlert. We made our own Leaf Man stick puppets who have been flying around on the breeze..."A Leaf Man's got to go where the wind blows." We have also been singing a song about Autumn leaves falling down from the trees, the leaves in the Secret Garden are also starting to change colours and we are watching these carefully.

Reception

It's been another busy week in Reception...Greenfinch had their first Forest Schools session on Mousehold Heath and had a brilliant time exploring and making peg fairies; we've been continuing our Phonics learning and have looked at the sounds i, n, m and d; and we have started looking at the book, *You Choose*, by Nick Sharratt and have been practising our speaking and listening skills and celebrating how unique and different we all are. 😊

Year 1 & Year 2

In Year 1 & 2 this half term, we are exploring pattern, line and shape in art. We have had great fun using different mediums to create spirals of all different sizes, we even spotted spirals in nature too. This week we've looked out how we can use straight lines in art, being inspired by one of the greatest artists of the 20th Century - Piet Mondrian. Over the next few weeks, we will create Mondrian inspired 'map art', which links wonderfully to our geography learning too. Why not find out more about Piet Mondrian here - [Who is Piet Mondrian? | Tate Kids](#)



REMINDERS

A reminder about collection from school

If someone else is collecting your child, can you please let your child's class teacher know that morning.

If you need to change your plans during the school day and someone else will be collecting your child at short notice, please ring the office and they will pass the message on. This is really important to ensure we send children home safely.

Two important things to remember to keep our children safe: Can we please make sure, during lunchtime collection and drop off, that we are closing the gate behind us and not leaving it open. Can we also ensure that if you are late to drop off your child to Nursery, and no one is at the green gate, come to the office and do not walk through the gate in the corner.

We have created a short survey for parents to fill out:

https://docs.google.com/forms/d/e/1FAIpQLSdgtZXRGF0At7pp8xecr1BomMB4TFJwFka5Nd1bVNUCzCXWiA/viewform?usp=sf_link

This is to help us know which social media platform best suits our parents at Mousehold.

Parking and traffic outside school

This is a recurring issue and one that is difficult to resolve. It relies upon everyone showing respect and tolerance for others outside the school gates. We have had a few residents contact the school to say their drives have been blocked and they couldn't get out and this was a worry for them. We have also had incidents where cars are half parked on the verge, blocking the road and getting very close to pedestrians. This is particularly bad on wet days when more families drive to school. Please be very mindful of young children walking, cycling and in pushchairs and be tolerant of other drivers. We really do care about the safety of our children in school as well as out of school. If we all play our part in this, we can ensure everyone stays safe and well. Thank you to the majority who are tolerant and respectful.

HIGH 5S

This year we have decided to celebrate children's achievements with High 5 postcards. Staff will write these for children each week that demonstrate our school values. Well done to all the children who have received a postcard this week.



Dates for the Diary 2024/2025

Monday 7th October

8:50am—Year 1 and 2 Phonics & Reading Drop ins

Wednesday 9th October

School photographer in

Thursday 24th October

Last day of Autumn term 1

**Open evenings for Nursery and Reception
children starting 2025**

- **Monday 21st October** at 4pm
- **Thursday 14th November** at 4pm
- **Monday 2nd December** at 4pm